

# NORTH PALM BEACH LIFE

October 31, 2020



## East Meets West on Singer Island

**SINGER ISLAND\_** Peace and Happiness have arrived here. Literally.

Amrit Ocean Resort & Residences is much more than just another high-rise, condominium project. Described as a "wellness destination," it's comprised of two towers -- Tower P (Peace) and Tower H (Happiness), along with a 100,000-square-foot Wellness Center. It's not just about living your best life, but striving for the best in mind, body and spirit ("Amrit" means immortality in Sanskrit).

Located on 7.5 acres that front the Atlantic Ocean, and developed by Dilip Barot of the Creative Choice Group, the project is a merger of Eastern philosophy and Western technology, built in collaboration with the Himalyan Institute, a "leader in the field of yoga, meditation, spirituality, and holistic health."

Tower P features 182 residential units, priced upwards



Amrit (project rendering)

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to \$4 million, each with private balconies. Tower H will house a hotel along with the Wellness Center. It's the latter that really sets this development apart.

Designed around the Five Pillars of Wellness: Nutrition, Fitness, Mindfulness, Relaxation and Sleep, it will feature a wide range of programs and therapies available to both residents and guests. They include:

- **Aayush Hydrotherapy Circuit: Indoor/outdoor hydrothermal experiences, including an effusion experiential shower, chill station ice fountains, warm-jetted basking replenishment plunge pools and an inhalation therapy chamber.**

-- **Sound Wave Therapy using a Monochord Bed, an instrument with 70 strings, to create "harmonious flow" and relieve stress.**

-- **Ayurvedic massages and traditional acupuncture.**

-- **Personal wellness assessments.**

One feature that will be a welcomed by residents, guests and local residents is the ocean-front restaurant and demonstration kitchen.

The Amrit residential tower is scheduled to open in the first quarter of 2021. You can visit their website [HERE](#) to view floor plans, amenities and more details about the project.



The grand entrance (project rendering)

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Project renderings...



The Yoga Terrace



State-of-the-art fitness center



The spa pools



The Spa

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## A model unit ...



The units feature luxury upgrades throughout



A spacious terrace to admire the ocean views



Some units also have views of the IntraCoastal

*NPBL Photos*

## Construction is nearing completion ...



The heated infinity pool area



This is the view from the restaurant/bistro

*NPBL Photos*