

spa business

GWS 2017

Highlights from this year's
Global Wellness Summit
in Palm Beach, Florida

Kevin Kelly

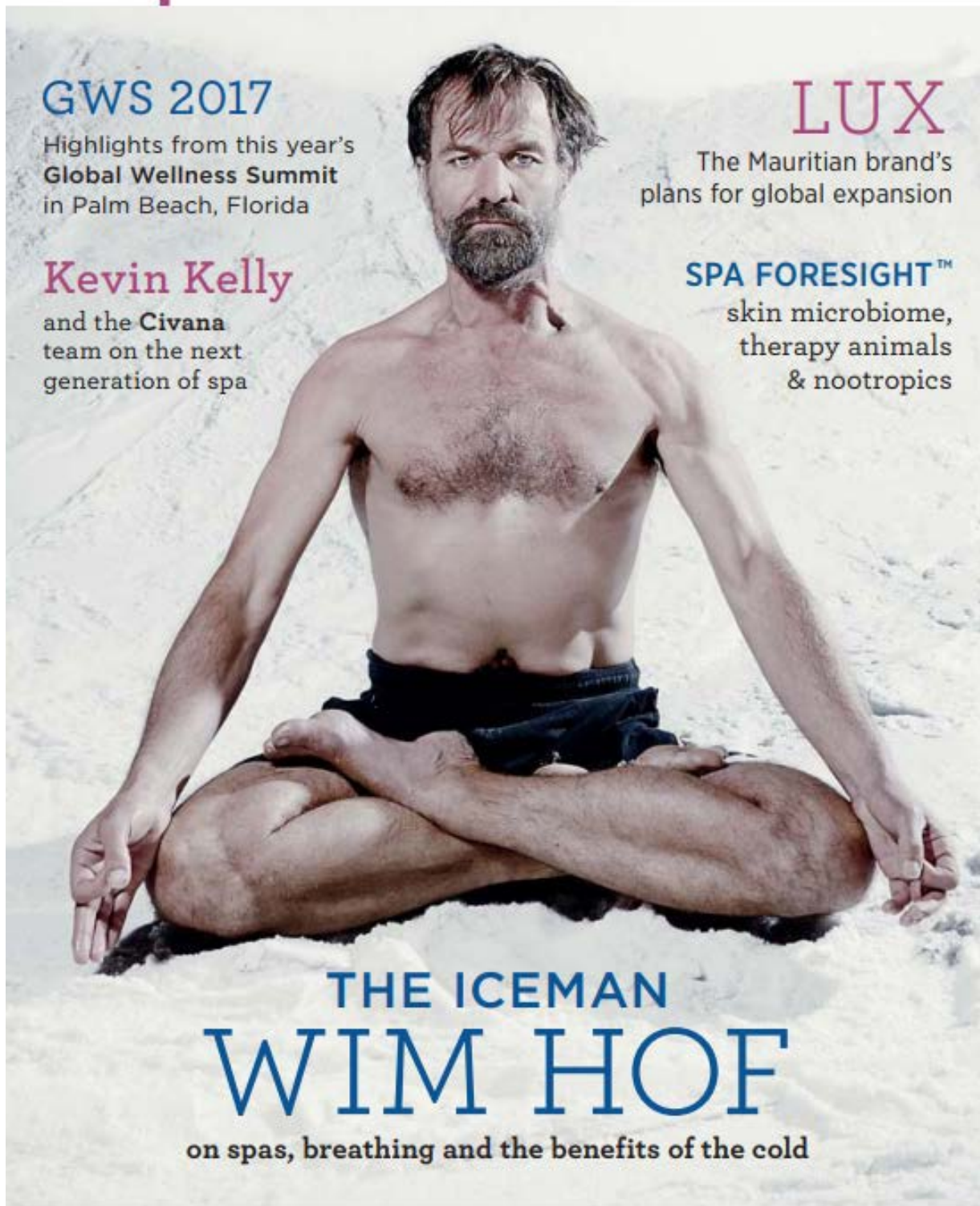
and the **Civana**
team on the next
generation of spa

LUX

The Mauritian brand's
plans for global expansion

SPA FORESIGHT™

skin microbiome,
therapy animals
& nootropics



THE ICEMAN WIM HOF

on spas, breathing and the benefits of the cold

Palm Beach's Amrit Resort to include 100,000sq ft spa

Developer Dilip Barot, founder of Creative Choice Group, is building what he calls an "urban destination spa resort" on Singer Island in Palm Beach, Florida with a 100,000sq ft, four-storey ESPA spa. Spread across seven acres on the Atlantic shoreline, the Amrit Ocean Resort & Residences will have a focus on wellness lifestyle, taking inspiration from Patanjali yoga, and is due to open in 2019. The development will incorporate mindful living, Eastern traditions of inner science, and Western luxury.



Practitioners will focus on preventative maintenance and personalised wellness. Tower P (Peace) will be a resort residential tower with features such as posture-supportive



Barot hopes guests find a 'roadmap to wellness' at Amrit

heat reflexology floors, mood-enhancing aromatherapy, vitamin C-infused showers, exterior sound-extrusion block, and dawn simulation. Tower H (Happiness) will offer a hotel/

residential mix, and will house the spa, which will include yoga studios, a meditation garden, whirlpool spa and private beach club with cabanas.
More: http://lei.sr?a=U4Z8K_B

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